

CW-08

Randomized controlled trial in radiology research

16:50-17:20

201

Chairperson(s): Jeong Min Lee *Seoul National University Hospital, Korea*

AMC cardiology – multicenter trial을 중심으로

Young-Hak Kim

Asan Medical Center, Korea. mdyhkim@amc.seoul.kr

Multicenter Clinical Trial

Young-Hak Kim, MD, PhD

Department of Cardiology, Asan Medical Center,
University of Ulsan College of Medicine



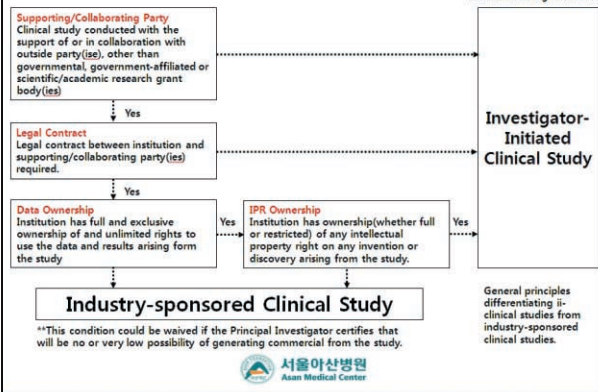
Contents

- ◆ Definition
- ◆ Registration
- ◆ Data collection
- ◆ Multicenter observational study
- ◆ Adjustment
- ◆ Authorship



Defining IIT vs. Industry-Sponsored Trial

Source: Clinical Trial Magnifier Vol. 2:5 May 2009
www.clinicalmagnifier.com



다기관 임상시험: KGCP

“다기관임상시험(Multicenter Trial)”이라 함은 하나의 임상시험계획서에 따라 둘 이상의 시험기관에서 수행되는 임상시험을 말한다.

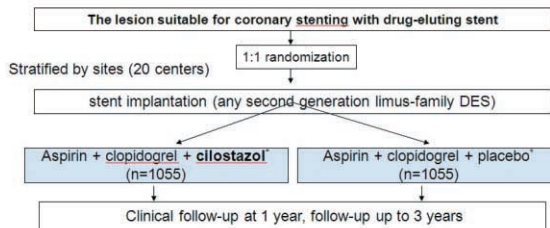
“조정위원회(Coordinating Committee)”라 함은 다기관임상시험의 수행을 조정하기 위하여 의뢰자가 조직하는 위원회를 말한다.

“임상시험조정자(Coordinating Investigator, 이하 “시험조정자”라 한다)”라 함은 각 시험기관의 시험책임자 중에서 다기관임상시험에 참여하는 시험자 사이의 의견을 조정할 책임을 부여받은 자를 말한다.



DECREASE-PCI Design

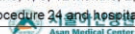
(Multicenter, randomized double-blind clinical trial)



- Study drug for 12 months (허가범위의 사용)
- Aspirin indefinitely and Clopidogrel for 1 years

Primary endpoint: composite of any death, MI, TVR, Ischemic stroke at 1 year

Drug compliance and adverse drug events monitoring: compliance questionnaire
CBC, LFT, hsCRP, HBA1c at baseline, 1, 6, 12 months, 2, 3 years
Verify now (aspirin/P2Y12): postprocedure 24 and hospital discharge



Limitations of IIT

- Less structured and organized
- No SOPs
- Limited experience
- Lower priority level
- Low budget
- Less qualified and regulated



Study Designs for Clinical Research

Weakest evidence



Strongest evidence

- ◆ Single case report (anecdote)
- ◆ Consecutive case series
- ◆ Retrospective case-control or cohort study
- ◆ Prospective cohort with historical controls
- ◆ Prospective cohort with contemporary controls
- ◆ Single randomized clinical trial (RCT)
- ◆ Multiple large, randomized clinical trials



Limitations of RCTs

- ◆ Often underpowered for modest treatment effects
 - Still relevant from public health standpoint if affected population is large
- ◆ Surrogate endpoints → ? Clinical relevance
- ◆ Generalizability?
 - Tend to study generally healthy patients
 - Treated with standardized protocols
 - By experienced providers
- ◆ Certain questions not easily subject to RCT
 - Unethical, impractical, no business case, or
 - Studies of harmful effects



'all-comer' RCT pt vs. Excluded pt

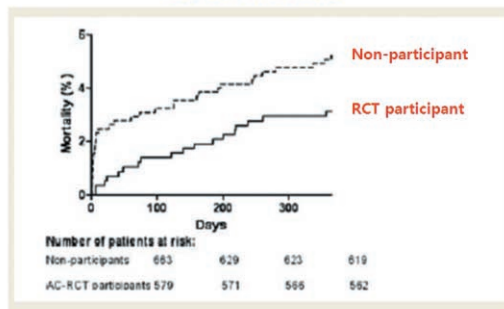
Evaluating the 'all-comers' design: a comparison of participants in two 'all-comers' PCI trials with non-participants

Sanneke P.M. de Boer, Mattie J. Lenzen, Rohit M. Oemrawsingh, Cihan Simsek, Henricus J. Duckers, Willem J. van der Giessen, Patrick W. Serruys, and Eric Boersma*

Department of Cardiology, Erasmus PC, Thoraxcenter, * Groningsche 235, 3015 CB Rotterdam, The Netherlands
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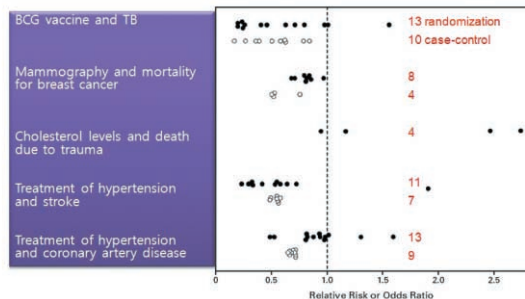
Aims We aimed to assess the generalizability of two 'all-comers' randomized clinical trials (AC-RCTs) in patients undergoing percutaneous coronary intervention (PCI).
Methods and results Recently two large AC-RCTs comparing drug-eluting stents were performed in our institution (LEADER and PRISON-LUTE). During the inclusion period of these trials, 1242 consecutive PCI patients were treated of whom 579 (46%) were actually included. The most important reasons for non-participation were inability to provide informed consent (23.3%), refusal to participate (17%), or patient met one of the other exclusion criteria (59.7%). Trial participants more frequently had stable angina (42.5 vs. 34.4%) and less frequently acute myocardial infarction as indication for PCI (21.4 vs. 42.4%) than non-participants. Hypertension (52.8 vs. 49.7%) and hypercholesterolemia (54.2 vs. 49.7%) were less frequently in trial participants than non-participants. Mean was less common (2.1 vs. 4.4%). A significant difference in 30-day mortality was observed between AC-RCT participants and non-participants (0.7 vs. 1.3% events; adjusted hazard ratio (aHR) 0.19 and 95% confidence interval (CI) 0.04–0.52). One-year mortality was also lower (3.1 vs. 4.9% events; aHR: 0.51 and 95% CI 0.29–0.91, but 1-year mortality in 48% survivors was similar (3.1 vs. 4.2% events; aHR: 0.74 and 95% CI 0.41–1.34).
Conclusion Applying the all-comers design did not result in inclusion of all consecutive patients, as only half of the target population was enrolled. It should be noted, however, that this design included more patients than observed in classical RCTs. AC-RCT participants and non-participants were different in terms of baseline characteristics and outcome.
Keywords Randomized controlled trials; All-comers; Percutaneous coronary intervention

'all-comer' RCT pt vs. Excluded pt 1-year mortality



RCT vs. Case control

Point of estimate between randomized vs. case control study



Concato J et al. NEJM 2000;342:1887

Registry Studies: Key Advantages

- Allows for rapid enrollment of large numbers of patients → accommodates changes in practice over time
- Broad inclusion criteria ensure that study's findings may be applicable to most patients
- Ideal for determining optimal procedural technique as well as for identifying appropriate patient subsets for treatment



Registry Studies: Key Disadvantages

Data quality and completeness

- Analysis results only as solid as the data ("Bad data in...")
- Particularly challenging with administrative datasets
- Incomplete data
- Not necessarily related to registry design, but more related to degree of rigor employed in data collection

Treatment selection bias

- Pt Level: risk factors, disease severity, comorbidity
- MD level: those selecting a specific treatment may differ in care process and quality
- Site-level: structural and quality of care differences



Good Observational Study Registry Controlled Trial vs. Simple Registry

- ◆ Primary end point vs. primary objective
- ◆ Power calculation vs. no sample size estimation
- ◆ Good controlled registry
 - Clinical primary end point with long follow-up (more than 6 months)
 - Reached primary end point
 - Adequate power calculation
 - Blinded analysis (including physician)
 - Clinical event committee and DSMB
 - Follow-up > 80% for surrogate end point, > 95% for clinical primary end point



Silber S et al. J Intervent Cardiol 2006;19:485

Observation Study: PROSPECT study

ORIGINAL ARTICLE

A Prospective Natural-History Study of Coronary Atherosclerosis

Gregg W. Stone, M.D., Akiko Maehara, M.D., Alexandra J. Lansky, M.D., Bernard de Bruyne, M.D., Ecaterina Cristea, M.D., Gary S. Mintz, M.D., Roxana Mehran, M.D., John McPherson, M.D., Naim Farhat, M.D., Steven P. Marso, M.D., Helen Parise, Sc.D., Barry Templin, M.B.A., Roseann White, M.A., Zhen Zhang, Ph.D., and Patrick W. Serruys, M.D., Ph.D., for the PROSPECT Investigators*

ABSTRACT

BACKGROUND

From Columbia University Medical Center/New York-Presbyterian Hospital and the Cardiovascular Research Foundation, New York (G.W.S., A.M., A.J.L., E.C., G.S.M., R.M., H.P.); Cardiovascular Center, Onze-Lieve-Vrouwziekenhuis, Aalst, Belgium (B.B.); Vanderbilt University Medical Center, Nashville (J.M.); North Ohio Heart Center/Elyria Memorial Hospital Regional Medical Center, Elyria, OH (H.F.); Mid America Heart Institute, St. Luke's Hospital, Kansas City, MO (S.P.M.); Abbott Vascular, Santa Clara, CA (B.T., R.W., Z.Z.); and Erasmus University, Thoraxcentrum, Rotterdam, the Netherlands (P.W.S.). Address reprint requests to Dr.

Atherosclerotic plaques that lead to acute coronary syndromes often occur at sites of angiographically mild coronary-artery stenosis. Lesion-related risk factors for such events are poorly understood.

METHODS

In a prospective study, 697 patients with acute coronary syndromes underwent three-vessel coronary angiography and gray-scale and radiofrequency intravascular ultrasonographic imaging after percutaneous coronary intervention. Subsequent major adverse cardiovascular events (death from cardiac causes, cardiac arrest, myocardial infarction, or rehospitalization due to unstable or progressive angina) were adjudicated to be related to either originally treated (culprit) lesions or untreated (nonculprit) lesions. The median follow-up period was 3.4 years.

2011

Controlled Prospective Registry

Study Number	04-800
Title	Providing Regional Observations to Study Predictors of Events in the Coronary Tree (PROSPECT) An Imaging Study in Patients with Unstable Atherosclerotic Lesions.
Purpose	To identify in patients presenting with Acute Coronary Syndromes (ACS) imaging modalities and/or serologic markers of inflammation which may aid in the identification of non-flow obstructing lesions with an increased risk for future acute coronary events. This study will ascertain the prevalence and clinical significance of non-flow obstructing lesions, which subsequently result in acute coronary events - defined as vulnerable plaque. The safety of regional imaging of non-culprit lesions in ACS patients will also be assessed.
Study Design	This is a multi-center prospective registry of ACS patients with single or double vessel coronary artery disease. Approximately 700 patients with ACS will be enrolled into the study at sites in the United States and European Union.
Geography and Sites	Up to 40 sites in the United States and the European Union.



2011

Primary Outcome Variable

Outcome Variables

1. The primary outcome variable is Non-Culprit Lesion Related Major Adverse Cardiac Events (NC-MACE) defined as the composite of cardiac death, cardiac arrest, MI, ACS, revascularization by CABG or PCI, or rehospitalization for angina, adjudicated to a non-culprit lesion secondary to significant fixed, non-reversible (no-spasm-related) lesion progression of more than 20% from the baseline study (confirmed either by serial angiography or by necropsy). Event rates will be determined at: in

- 5 -
PROSPECT Investigational Plan 5-June-07 (ver 3.0) CONFIDENTIAL

2. Serologic markers of inflammation and lesion characteristics will be evaluated for predictive value relative to recurrent events.
3. Procedural success (ability to complete the imaging procedures as specified in the Investigational Plan without imaging device or procedure related complication).

2011

Power Calculation

A Cox proportional hazards regression model is utilized in the power calculation. The Cox model assumes that the hazard function $\lambda(t)$ for time to NC-MACE given a single predictor X_1 has the following regression formulation: $\log[\lambda(t|X_1)/\lambda_0(t)] = \beta_1 + \beta_2 X_1$, where $\lambda_0(t)$ is the baseline hazard, and X_1 is the imaging measure or VP indicator variable. The null and alternative hypotheses in Cox regression model are:

$H_0: \beta_1 = 0$
 $H_a: \beta_1 \neq 0$


where β_1 is the slope coefficient for X_1 , which is the log hazard ratio of the two groups (patients with and without positive observations for VP).

Various assumptions have to be made in the power calculations including the percentage of patients with VP at baseline, hazard ratio, and overall NC-MACE rate. Notice that these percentages and rates are exactly what will be estimated from the trial as stated in the first two research questions. Reflecting the uncertainties in making these assumptions, several scenarios of power calculations are presented below, each with different assumptions of the above three parameters: % of patients with positive observations for VP (a positive observation is defined as the patient has at least one detectable VP), overall NC-MACE rate, and hazard ratio between patients with and without positive observation for VP.

Scenario 1: % Patients with Positive Observation at Baseline = 71%, Overall NC-MACE Rate = 10%, and Hazard Ratio = 2


The assumptions used in the power calculations are as follows:

- One-tailed test
- $\alpha = 0.025$

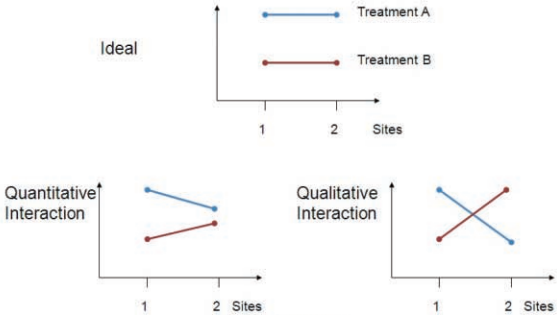



Single Center vs. Multicenter

- ◆ Single center is ideal. If
 - Adequate number of homogenous population
 - Good for optimal condition of study
 - But, needs sufficient capacity, staff, stuff...
- ◆ But, lack of resources and representative of real world practice
- ◆ Thus, multicenter trial is the standard for clinical trials




Limitation of Multicenter Treatment-By-Center Interaction

Heterogeneity !

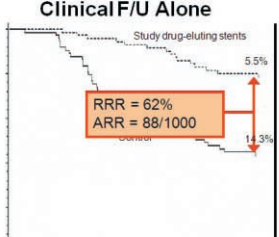
- ◆ CK-MB level : interval of test after coronary stenting, side branch protection, qualified lab...
- ◆ Blood pressure : experience of physician, stuff, education of personnel...
- ◆ Experience of operators
- ◆ Different definitions
- ◆ Patients risk profile
- ◆ Different quality control
- ◆ ...



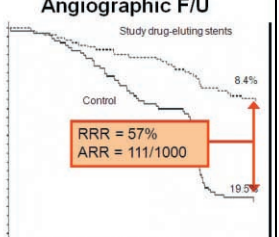
Standardized Protocol and Education

Impact of Angiographic Follow-up on Clinical Outcomes

Clinical F/U Alone




Angiographic F/U



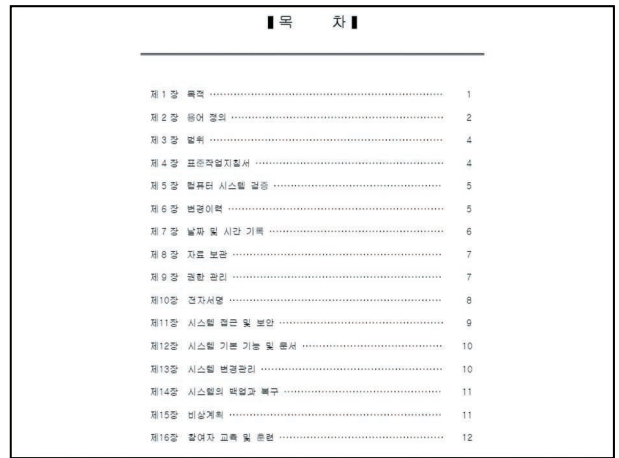
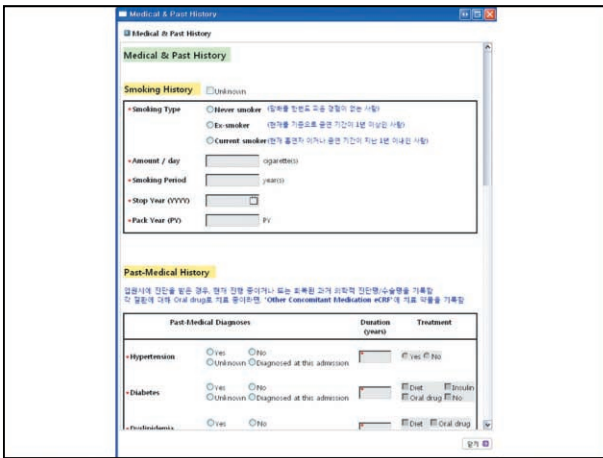
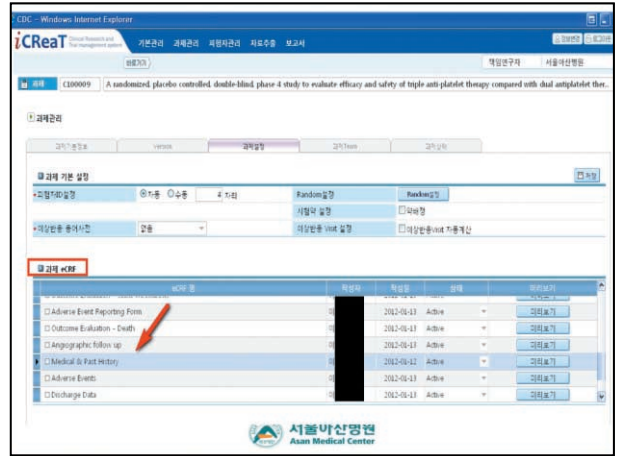
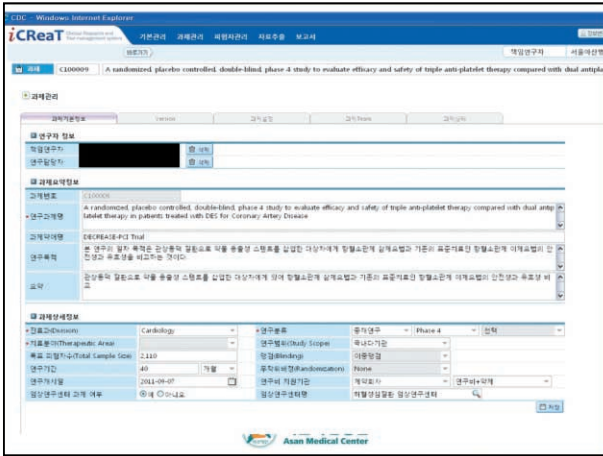
Angiographic follow-up artificially inflates repeat revascularization rates by ~40% and tends to overestimate the absolute clinical benefit of stents.

Clinical Event Committee (CEC)

- An organization formed to review specific information obtained from research subjects.
- Making judgments regarding this information and to draw conclusions about pre-specified events.
- May or may not agree with conclusions drawn by the investigator from a specific site; in this case the committee's conclusion will serve as the final decision for submission to regulatory authorities and/or for the purposes of reporting and publication.



CW (2011), Oct 19, Fri



CW (201), Oct 19, Fri

Table 1. Baseline Characteristics of the Patients. MAIN-COMPARE Registry in NEJM

Variable	Stent Group (N=1192)	CABG Group (N=1138)	P Value
Demographic characteristics			
Age (yr)			<0.001
Median	62	64	
Interquartile range	52-70	57-70	
Male sex (%)	70.7	72.9	0.24
Cardiac or coexisting conditions			
Diabetes mellitus (% of patients)			
Any diabetes	29.7	34.7	0.01
Insulin-dependent	6.8	8.2	0.22
Hypertension (% of patients)	49.5	49.4	0.94
Hyperlipidemia (% of patients)	28.5	32.6	0.04
Current smoker (% of patients)	25.6	29.8	0.03
Clinical indication (% of patients)			<0.001
Silent ischemia	3.0	2.2	
Chronic stable angina	32.0	19.9	
Unstable angina	55.2	68.1	
Non-ST-elevation myocardial infarction	9.8	9.8	
Angiographic characteristics			
Involved location (% of patients)			0.04
Ostium, midshaft, or both	50.6	46.2	
Distal bifurcation	49.4	53.8	
Extent of diseased vessel (% of patients)			<0.001
Left main only	25.2	6.2	
Left main plus single-vessel disease	24.0	10.5	
Left main plus double-vessel disease	26.0	26.3	
Left main plus multivessel disease	24.8	57.0	

CABG patients were 'more sicker'

Classical Adjustments for Covariates

- ◆ Three common methods of adjusting for confounding covariates:
 - Matching : large control group
 - Subclassification (stratification) : not valid in many covariates
 - Regression (Covariate) adjustment : not appropriate in many covariates of small group and low incidence

Techniques for Regression Analysis

- ◆ Regression modeling
 - Adjust results directly for 'confounding factors' associated with treatment and outcome
- ◆ Propensity adjustment
 - Identify factors associated with treatment selection
 - Then adjust for the probability of treatment (propensity score) or match patients for this factor
- ◆ Newer approaches
 - Instrumental variables analysis

Propensity-Score Matching MAIN-COMPARE Registry

The NEW ENGLAND JOURNAL of MEDICINE

Stents METHODS

We evaluated 1102 patients with unprotected left main coronary artery disease who underwent stent implantation and 1138 patients who underwent CABG in Korea between January 2000 and June 2006. We compared adverse outcomes (death; a composite outcome of death, Q-wave myocardial infarction, or stroke; and target-vessel revascularization) with the use of propensity-score matching in the overall cohort and in separate subgroups according to type of stent.

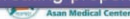
CW (201), Oct 19, Fri

Limitation of Statistical Adjustment Complete Database

- ◆ Dependent variable : Stent/CABG
- ◆ Independent variable : Demographic characteristics, Cardiac or coexisting conditions and Angiographic characteristics
→ logistic regression

```
proc logistic data=sun;
class sex clin_inx ecg_rhyt ext_dis;
model group1=age sex dm dm_insu hm hyperlip smoking prepci premi prectd cid pid cri
mind mvel ecgrhyt clin_inx ext_dis rca_dis resten
age+sex+age+dm age+dm_insu age+hm age+hyperlip age+smoking age+prepci age+premi
age+prectd age+cid age+cvt age+pid age+cri age+mind age+mvel age+ecgrhyt age+clin_inx
age+ext_dis age+rca_dis age+resten
sex+dm sex+dm_insu hm sex +hyperlip sex +smoking sex +prepci sex +premi sex +prectd sex+cid
sex+cvt sex+pid sex+cri sex+mind sex+mvel sex+ecgrhyt sex+clin_inx sex+ext_dis sex+rca_dis sex+resten
/selections lsdic;
output out=prob;
run;
```

In logistic regression analysis, the patient with missing is excluded in the propensity-score model. Moreover, unmeasured confounder cannot be considered in creating propensity score.



How Long Follow-up

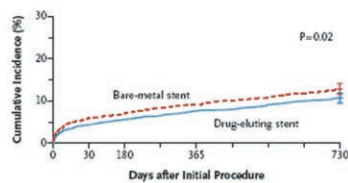
- ◆ ≤ 5% of loss (attrition) is little concern
- ◆ ≥ 20% of loss poses threat to validity, cutoff to classify 'high or low quality'
- ◆ High loss will (1) lose study power, (2) have follow-up bias, and lose (3) generalisability.

Fewtrell M et al. Arch Dis Child 2008;93:458



Complete Follow-up of NY State PCI

$$Pt_{start} (2570) - Pt_{event} (195) - Pt_{end} (2375) = Pt_{loss} (0)$$



	2570	2560	2492	2427	2375
Drug-Eluting Stent					
No. at risk	2570	2560	2492	2427	2375
Cumulative no. of events	0	78	143	195	276
Cumulative incidence (%)	0.4	3.0	5.6	7.6	10.7
Bare-Metal Stent					
No. at risk	2570	2557	2465	2392	2334
Cumulative no. of events	13	105	178	236	330
Cumulative incidence (%)	0.5	4.1	6.9	9.2	12.8



LAU M et al. N Engl J Med 2008;359:1330

Authors Who are satisfied?

ORIGINAL ARTICLE

Randomized Trial of Stents versus Bypass Surgery for Left Main Coronary Artery Disease



Publication

- ◆ Principal investigator and executive committee (or publication committee) play a major role to identify important manuscript topics.
- ◆ The authors of the design manuscript are designated based on the consensus in the publication committee and PI.
- ◆ All analyses should be centrally controlled in the independent analysis department.

Ann Intern Med. 2009;151:414



Authorship

- ◆ Author distribution will be decided based on the score calculating :
 - 1) enrollment (x 1.7)
 - 2) adherence to the exercise regimen (x 1.3)
 - 3) data completion (x 1.5)
 - 4) other trial efforts, such as serving on active trial committees or overseeing operations of 1 of the core laboratories.

Ann Intern Med. 2009;151:414





- ### 성공적인 다기관 III 연구
- ◆ 좋은 사람들 (good people)
 - ◆ 돈 (budget)
 - ◆ 신념 (dream)
 - ◆ 신뢰 (trust)
 - ◆ 지도력 (leadership)
 - ◆ 동의 (agreement)
 - ◆ 재수 (fortune)
- 서울아산병원
Asan Medical Center